

Dear Patient!

Please read all of this leaflet carefully because it contains important information on using this medical device. If you have any questions, please ask your doctor or pharmacist.

Package leaflet

isla[®] medic hydro⁺ Cherry

Lozenges

What is contained in isla[®] medic hydro⁺ Cherry?

The lozenges contain an aqueous extract of Iceland moss (0.4 – 0.8 : 1), carbomer, xanthan gum, sodium hyaluronate.

Other components:

Acacia, sorbitol, maltitol, anhydrous citric acid, acesulfam K, levomenthol, flavouring, colouring plant extract (carrot/black currant), medium-chain triglycerides, purified water.

1 lozenge contains the sugar substitutes sorbitol (0.11 g) and maltitol (0.94 g) = 0.09 BU.

What is isla[®] medic hydro⁺ Cherry used for?

- For the relief of typical complaints associated with colds and sore throats such as tickly throat and hoarseness.
- For dry mucous membranes and irritation of the vocal cords.

Amongst other things, these complaints may be the result of an unproductive dry cough such as a hacking cough stemming from an irritated and dry oral mucosa.

The lozenges with the hydrogel complex consisting of hyaluronic acid and herbal Iceland moss effectively protect the mucous membranes of the mouth and throat.

Mechanism of action

The hydrogel complex comprising carbomer and xanthan gum plus hyaluronic acid is incorporated into the lozenges. Owing to the water-binding capacity of the polysaccharide xanthan gum and the specific swelling capacity of the gelling agent carbomer, a protective film forms over the irritated mucous membranes. The hyaluronic acid contained in the lozenges possesses the specific physical property of forming a film of moisture on the surface of mucous membranes.

The dry residue from the special extract made from Iceland moss, the hardy lichen from the raw climate of

the far North, consists of more than 80 % mucins. The extract dissolves when the lozenges are sucked and coats the areas of the mouth, throat and pharynx like a balm where it exerts its pleasant action.

Salivation is stimulated as a result, irritated mucous membranes are able to regenerate themselves and the typical complaints associated with colds and sore throats, i.e. tickly throat and hoarseness and dry mucous membranes plus associated sore throat and swallowing difficulties, are alleviated.

When may you not use isla[®] medic hydro⁺ Cherry?

isla[®] medic hydro⁺ Cherry may not be used in the event of hypersensitivity to any of the ingredients contained in the lozenges.

When must you take special care using isla[®] medic hydro⁺ Cherry?

If you know that you are intolerant to certain sugars, do not take isla[®] medic hydro⁺ Cherry until you have spoken to your doctor.

May isla[®] medic hydro⁺ Cherry be used during pregnancy and breast-feeding?

There are no findings that speak against the use of isla[®] medic hydro⁺ Cherry during pregnancy and breast-feeding.

How should you use isla[®] medic hydro⁺ Cherry?

Adults and children from the age of 6 upwards suck up to 6 lozenges a day as required. The lozenges are slowly sucked until they have fully dissolved.

1 lozenge contains 1.05 g sugar substitutes = 0.09 BU.

How long may you use isla[®] medic hydro⁺ Cherry for?

isla[®] medic hydro⁺ Cherry can also be used over a longer period of time or for interval therapy. Should your complaints worsen (e.g. fever, joint pain) or not improve within 3 days, go and see your doctor or pharmacist.

What unwanted side effects can isla® medic hydro+ Cherry have?

If too much of it is used, isla® medic hydro+ Cherry can have a laxative effect and / or cause stomach complaints.

Hypersensitivity reactions may occur in isolated cases.

What else must you take note of?

The expiry date is printed on the carton and blister. Do not use this pack after this date. The lozenges are to be stored in a dry place below 25°C.

It is recommended that the lozenges are stored in their carton in order to protect them from light.

What pack sizes are available?

Pack sizes: 20 lozenges and 50 lozenges.

Manufacturer

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Keep out of the reach and sight of children!

Note:

Owing to the manufacturing process used, the lozenges may contain air bubbles. Traces may occasionally stick to the foil. This and minor variations in terms of colour, taste and consistency, which are due to the natural ingredients contained in the lozenges, have no effect on the quality of the product.



Laetus Code

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